



Sandra Anne Synstad

April 22, 1944 - July 7, 2018

Sandra Anne Synstad was born April 22, 1944 in Tampa, FL to Rex Porter and Gloria Etchey and died July 7, 2018 at home under care of Hospice of Spokane. She grew up in North Seattle and attended elementary school at Our Lady of the Lake Parish and later attended Blanchard High School. She married the love of her life Robert Synstad on September 9, 1961 and they were happily married for for 56 years. They had two children, Debbie (who preceded Sandy in death) and Kieth (Karen), as well as four grandchildren, Valerie Amack (Scott), Sean Sproul, Wade Synstad (Lauren) and Kaylene Dean (Scott) and one great grandchild expected in September. Sandy worked as a grocery checker for many years and later as a Patient Care coordinator at Harborview Hospital in Seattle. She loved to garden, golf, fish and play games with her family. Sandy was also a devoted member of the St. Rose of Lima Catholic Parrish for many years and served as a Eucharistic Minister and on the Pastoral Council. She was a member of the Ladies Club at the St. John's Golf Course and was a past president of the organization. Sandy lived on Badger Lake for the past 20 years. Besides her daughter she was preceded in death by her sisters Patricia Duren, Mary Schramer, and Brother Daniel Porter. A funeral mass will be held at 11:00am on Friday July 13th at St. Rose of Lima Parrish in Cheney, WA. Sandy's family would like to thank all those who have prayed for her and showed her kindness. Please direct all donations to Hospice of Spokane, a wonderful organization.

Tribute Wall

AM

“ Dear Bob and family,

You and Sandy have been wonderful neighbors of my folks for 20 years. Sandy was so devoted in the last two or three years to taking absolutely the best care of her grandson even when her own health was failing. It was amazing the things she accomplished while being so ill. She had a great sense of humor. Every time I talked to her in person or by phone she had me in stitches. It was clear she had a deep love for you, Bob and for the rest of her family. She will be greatly missed.

Bob, you did such an excellent job of taking care of Sandy. It is hard to be everything for someone who is terminally ill but you did it with such grace and love. You were her rock and she was so very lucky to have you in her life (and visa versa). We are so proud of you to have given her the best of you day in and day out so that not just her death could be on her terms but the last two years of her life were on her terms and that would not have been possible without you and your selflessness in taking such great care of her.

I'm sorry mom and I can't be there for the funeral. But, Randy will be there to represent us. At 2:00 PM my time tomorrow I will say the Rosary on behalf of Sandy, you and your family. Sending love, prayers, and empathy to you. If you feel like taking a vacation this fall please know you are more than welcome to stay with us in Virginia.....we'd love to have you! Much love, Amy and Pat

AmyKing - July 13, 2018 at 01:02 AM

PB

“ All of us at St. Rose of Lima will miss Sandy so much! She has been such a huge part of our parish and we all love her and Bob. May the Lord bless Bob and his family as they go through this most difficult time, and know that Sandy is smiling in her pain free and perfect new home where she can breathe without difficulty now. Until we meet again, dear Sandy...Pat and Gary Buntrock

Pat Buntrock - July 12, 2018 at 04:42 PM

DB

“ Bob and family-words cannot express our sadness. Please know that all of you are in our thoughts and prayers. I will miss Sandy's hugs at church, her big smiles, and infectious laugh! May the angels carry her home. Love and hugs Rich and Debbie Brown

debbie brown - July 11, 2018 at 11:32 PM