



## Robert Douglas Ahrens

February 26, 1948 - January 29, 2026

Robert Douglas 'Bob' Ahrens (age 77) passed away on January 29th, 2026, in the presence of his wife, Leslie, and children at Mann-Grandstaff VA Medical Center in Spokane, Washington.

He will be much missed for his great kindness and deep love for others. Bob had a lifetime of service to his Country and its Veterans. Starting as a Vietnam-era trauma nurse and ending as Nursing Supervisor after 34 years of service at the VA Hospital here in Spokane.

He loved motorcycle riding, country music, popcorn, and bagels. He had a beguiling nature, a blend of humor, kindness and grace. He was loved by many and will be missed by all.

He was born February 26, 1948, in Spokane to John and Lillian (Steinmeyer) Ahrens.

Survived by Leslie, his wife of 21 years; son, Robert Ahrens (Shannon); daughter, Lyz Conklin (Bob); brother, John Ahrens (Sylvia); sisters-in-law, Rene Ahrens, Laura Twitchell, Jennifer Beards and Lisa Cavanaugh; five grandchildren; two great-grandchildren; step-daughter, Laura Phifer; step-sons, David and Paul Urick; and numerous nieces and nephews.

He was preceded in death by his parents; brother, Paul Ahrens; sister-in-law, Barbara Sailor; and step-daughter, Pamela Urick.

A Celebration of Life will take place on Friday, June 12th, at 1:30 p.m. at Cheney Funeral Chapel, located at 1632 W. 1st St. in Cheney, Washington. Prior to the service, a private interment was held at the Washington State Veterans Cemetery in Medical Lake, Washington

In lieu of flowers, the family prefers memorials to be made to the Michael J. Fox Foundation for Parkinson's Research.

# Cemetery Details

## Washington State Veteran's Cemetery

Medical Lake, WA

# Previous Events

## Celebration of Life

JUN 12. 1:30 PM (PT)

Cheney Funeral Chapel

1632 W 1st St.

Cheney, WA 99004

(509) 235-2992

<https://www.cheneyfuneral.com/>

# Tribute Wall

EC

“ I remember learning to water ski at Clear Lake with my dad, and camping. I loved it when he would take us to the soda pop shop to pick out the drinks that we were gonna have while we were all together during the summer. There were so many flavors to choose from. It was like the taffy store ;only with soda pop.  
I also liked riding with him on the back of his Harley when riding with his motorcycle club, I don't remember where we were going camping, but I remember that other kids were there and it was a great summer.  
I remember sitting on the couch and watching movies with him as we ate popcorn or ice-cream.  
He was always pretty quiet, but I know he loved me, and I love him  
💕 Forever in my heart. I miss you Dad

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Elizabeth Conklin - June 06 at 11:58 PM

LP

Liz, I remember all those thing too, as a kid. We had so much fun fishing, swimming water-skiing and even riding a dirt bike. We would camp in the motor home on the weekend for half of the summer too.it was great to have all 6 of us kids there. I remember riding in the front pasenger seat while he Bob was driving listening to one of his favorites, Rodger Whittaker on 8 track tapes. After awhile of listening to it over and over I started singing a long to it too.Bob was always kind and gentle and just went with the flow of things. I can remember your dad taking you and Rob back to meet your mom at Snake River. We came too. I think that's where it was? It was a beautiful meeting place. He was the best step dad I could have had. He always made us feel safe. I love and miss you Bob. Rest in peace. Leslie, thank you for inviting me to come and visit last year. I was lucky to see hime one last time.Thank you for taking great care of him all those years and loving him.💕💕💕

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Laura Phifer - June 11 at 05:30 AM