



M. Arlene Helsing

October 30, 1930 - September 3, 2022

M. Arlene Helsing, age 91, passed away peacefully, September 3, 2022, in Cheney, Washington, with family by her side. Arlene was born in Minnewaukan, North Dakota on October 3, 1930. She graduated from Lewis and Clark High School and Eastern Washington University. She taught sixth grade at Salnave Elementary School. Arlene married Paul L. Helsing at Central Lutheran Church in Spokane, Washington, and they had five sons.

Arlene is survived by sons Daniel Helsing, Douglas Helsing, David Helsing, and Dana Helsing, daughters-in-law Cheryl Helsing, Jeannie Helsing, Kate Helsing, and Devanie Helsing, grandchildren Candice Helsing, Kaitlyn Helsing, Hannah Helsing, Hailey Helsing, and Deven Helsing, younger sister Evelien Reeves and brother Gordon Steen. She is preceded in death by her parents, Arnold and Elizabeth Steen, husband Paul Helsing, son Dennis Helsing, sisters Esther Braaten, Alice Merz, Edith Poquette, Inez Derington, brothers Roger Steen, Alvin Steen, and David Steen.

A Celebration of Arlene's Life will be held at Emmanuel Lutheran Church, located at 639 Elm Street, Cheney, Washington, on Saturday, September 10, 2022, at 2:00 pm. All are welcome.

Previous Events

Celebration of Life

SEP **10**. 2:00 PM (PT)

Emmanuel Lutheran Church
639 Elm Street
Cheney, WA 99004

Tribute Wall

SH

“ I just found out about Arlene's passing on the Internet when I was checking who was around to send Christmas Cards to. You're probably asking, "Who does Christmas Cards anymore?" Well, I do for sure. Time goes by fast as you get older, so you have to get your Christmas Cards done early. I will let everyone in Fresno know of your passing.

Thank You Arlene for being the best Godmother I could ever have. You helped me learn to read; reading is a joy and food for the mind. You challenged me in bridge games; bridge is the best game ever invented. You vacationed with me and mother, Sally Hagen, in Cancun, which is one of the best vacation destinations on Earth. And you sent me care packages full of delicious treats, which is love, and love is what life is about. Thank You.

Scott Hagen - October 31, 2022 at 08:29 PM

BS

“ Arlene and I taught together at Salnave. She was a friend, mentor and full of mischief. Since we both retired we laughed about all the happenings in our District and enjoyed good stories together. I know her boys, daughters-in-law, and grandchildren will miss her as will all of us "old" teachers. Blessings!

Bonnie Sullivan - September 13, 2022 at 06:38 PM

TR

“ So sorry to hear of Arlene's passing. She and Paul were such great friends to my folks Norm and Reen Thompson. Loved her lefse! Much love to all, Tracy Thompson

Tracy - September 12, 2022 at 03:34 PM

JM

“ *Jim Merz lit a candle in memory of M. Arlene Helsing*



Jim Merz - September 11, 2022 at 05:28 PM